



## ELKHORN LOGAN VALLEY Public Health Department

2104 21<sup>st</sup> Street Circle - P.O. Box 779 - Wisner, NE 68791  
(402) 529-2233 or toll-free (866) 379-4400

*Proudly Serving Burt, Cuming,  
Madison, & Stanton Counties*

To: Northeast Community College Students and Staff  
From: Gina Uhing, R.N., Elkhorn Logan Valley Public Health Department  
Subject: **Hepatitis A**  
Date: 2-20-2008

---

Elkhorn Logan Valley Public Health Department has received confirmation of a Hepatitis A case in a student at Northeast Community College (NECC). Elkhorn Logan Valley Public Health Department, Nebraska Department of Health and Human Services and Northeast Community College have worked collaboratively to identify the immediate contacts of this student.

**All individuals that appear to be in imminent threat have been contacted and have received appropriate treatment and have abided by recommendations set forth.**

While it remains unknown as to where this student contracted the illness, the possibility remains that other students/staff may have been exposed at the same time.

Hepatitis A is an infection of the liver caused by a virus. It is spread directly from person to person primarily through the fecal-oral route by direct contact with an infected person or indirectly by ingestion of contaminated food or water. Illness can occur within 15 to 50 days after exposure to the virus, but usually within 28 to 30 days. Individuals can be infectious one to two weeks before symptoms occur until at least one week after the onset of illness.

Symptoms of Hepatitis A may include: tiredness; poor appetite; nausea and vomiting; abdominal pain and fever; followed by dark-colored urine; light-colored stools (clay colored); and yellowing of eyes and skin (jaundice) several days later. Some people, especially young children, may get Hepatitis A infection without noticing any symptoms, but they are still infectious to others.

If you begin noticing any of the above symptoms, please contact your primary care physician, the NECC Student Services office at 844-7272, or Elkhorn Logan Valley Public Health Department at (402) 529-2233. If you choose to go to your primary care physician, please notify them that there has been a confirmed Hepatitis A case on campus that you may have come into contact with.

If you have any questions, or would like more information, please contact Gina Uhing, R.N., Elkhorn Logan Valley Public Health Department at (402) 529-2233 or by e-mail at [surveillance@elvphd.org](mailto:surveillance@elvphd.org)